

ACCREDITATION

The excursions are accredited with 60 CME hours by the Medical Association (Ärztchamber Nordrhein) in Düsseldorf, Germany. A 9-hour refresher course on Travel Medicine, accredited by the German Tropical Medicine Society in Hamburg, Germany, is integrated.



SAFETY RECORD

TROPMEDEX has never had any accidents or serious infections among participants during their excursions. The participants are accommodated in quality hotels and travel with experienced drivers and reliable airlines in Africa.



INTERNATIONAL SOCIETIES

TROPMEDEX excursions are listed on the websites of:

1. American Society of Tropical Medicine and Hygiene
www.astmh.org/news-events/events-list
2. International Society of Travel Medicine
www.istm.org/meetingscalendar

VIDEOS

Watch TROPMEDEX videos from Tanzania, Ghana and Uganda on:

YouTube: www.youtube.com/TROPMEDEX

“You study tropical diseases in medical school, but you never put a face on these infections until you see patients with them.”

Jason Toth (MD), California, USA
former participant to Uganda

REGISTRATION

TROPMEDEX
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COOPERATION

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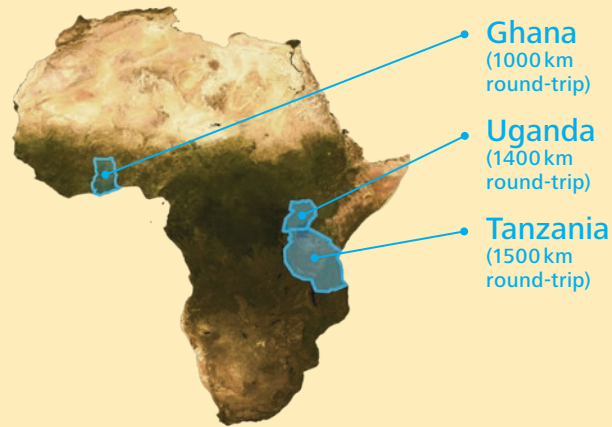
**Bringing Tropical Medicine to life
for more than 25 years in Africa**



In cooperation with  **CRM** Centrum für Reisemedizin

OBJECTIVES

TROPMEDEX organizes Tropical Medicine Excursions for healthcare professionals to Uganda (13 days), Tanzania (11 days) and Ghana (11 days).



Why:

1. More travellers return from the tropics with tropical diseases
2. More asylum seekers and refugees come to the Western world with “unknown” infections
3. Due to global warming tropical diseases spread to temperate climate zones

The round-trip TROPMEDEX excursions by 4x4 drive, bus and plane have been designed for a maximum of 13 participants, who want to improve their clinical experience in tropical medicine and travellers’ health in Africa. Experts from Germany and Africa supervise individual bedside teaching on-site, laboratory sessions (hands-on microscopy of parasites in the blood, stool, urine and skin) and give lectures (in English) in various hospitals, research projects and Non-Governmental Organizations (NGO’s). The curriculum covers the epidemiology, clinical manifestations, diagnosis, treatment, prevention and control of the most important tropical infectious diseases. The participants get an insight into the local healthcare system and explore during medical field excursions the scenery and prolific flora and fauna of Africa.

EXCURSIONS



TEACHING FORMAT

Ward rounds and case presentations	20
Field excursions	15
Lectures	15
Laboratory sessions	10
CME hours	60



CURRICULUM (depending on the country visited)

Schistosomiasis, onchocerciasis, lymphatic filariasis, malaria, visceral- and cutaneous leishmaniasis, African trypanosomiasis, amoebiasis, leprosy, Buruli ulcer, brucellosis, typhoid fever, Dengue fever, Chikungunya, West Nile Virus and other arboviral infections, HIV/AIDS and related opportunistic infections, ophthalmology in the tropics, occupational medicine in the tropics, DD of fever and diarrhoea in the tropics, WHO vaccination guidelines for travellers, poisonous African snakes, medical botany and traditional medicine.



COORDINATOR

Kay Schaefer, born in 1960, is a Consultant in Tropical Medicine and Travellers’ Health in Cologne, Germany. He holds a MD (University of Berlin), a PhD (University of Amsterdam), a MSc in Clinical Tropical Medicine (London School of Hygiene & Tropical Medicine) and a DTM&H (University of London). He has lived for many years in Africa, carrying out clinical work and research on visceral leishmaniasis, malaria and schistosomiasis.



His results have been published in internationally recognized journals. He is a member of the American Society of Tropical Medicine & Hygiene (ASTM&H) and the International Society of Travel Medicine (ISTM). Since 1995 Dr. Schaefer has been organizing and supervising TROPMEDEX excursions to Uganda, Tanzania, Kenya and Ghana. This has been done in cooperation with local universities, teaching hospitals and research institutes. Dr. Schaefer is fluent in German, English, Italian and Kiswahili and familiar with the history, people and wildlife of Africa.